



## CRYO-THERAPY

Cryo therapy is a treatment modality used in the destruction of various skin lesions. It also is an effective treatment for ano-genital warts.

The procedure, which usually occurs in the doctor's office, involves the use of liquid nitrogen which is applied or sprayed directly on to the lesions until an adequate thaw time is achieved (which indicates adequate tissue destruction whilst minimizing surrounding healthy tissue damage.) The procedure is subjectively less painful than other surgical or destructive modalities (such as laser or electro-cautery therapy) and rarely warrants the use of pre-procedure local anesthesia by the operating physician.

Depending on the site and extent of tissue being directly treated, there may be some swelling and pain after the procedure as the lesion eventually sloughs off. As given by one's healthcare provider, instructions to avoid super-infection of the treated site should be followed carefully.

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